

Branksome Beach

Sample Fork Buffet Menu 2018

£20 per head

Fish & Chicken Dishes

- Whole roasted salmon with lemon ,parsley and dill
- Smoked salmon scotch eggs with a sunflower seed and dark rye crumb
- Roast chicken thigh marinated with honey and hazelnuts
- Whole peeled tiger prawns cooked in garlic and chilli

Vegetarian Dishes

- Roast sweet potato with a lemon, garlic, spring onion and tahini dressing
- Marinated aubergine with saffron ,lemon yoghurt and pumpkin seed (contains dairy)
- Shaved fennel, orange, radish, parsley and pomegranate salad
- Cucumber, poppy seed and chilli salad
- Glazed fig, basil, pomegranate, walnut and goats cheese (contains dairy)
- Marinated tomato and mozzarella salad with fennel seed, spring onion and basil (contains dairy)
- Bulgar wheat tabouleh salad with lime mint and cumin
- Dressed selection of local leaves

On the table we will have a selection of fresh breads to be cut by hand consisting of;

- Dark rye
- Sundried Tomato Loaf
- Ciabatta